

Sheraton Hacienda del Mar Resort & Spa Los Cabos - México

## CACTUS SPA MASSAGES

## Swedish Massage

This classic massage offers a sequence of movements, which vary from soft to energetic. It will improve the skin aspect as well as blood and lymphatic circulation.

50 minutes \$110.00 usd / 80 minutes \$149.00 usd

## Sport Massage

This massage is designed to prevent and heal muscular pain, and to increase flexibility. This is the ideal massage for sport lovers.

50 minutes \$127.00 usd / 80 minutes \$172.00 usd

#### Hot Stone

In this fabulous full-body massage we use heated stones in specific points of the body lingering just long enough to melt the tension from each muscle.

80 minutes \$187.00 usd

# Pregnancy Massage

This specially designed massage aids in the relief of aching back muscles and heavy legs.

50 minutes \$121.00 usd / 80 minutes \$160.00 usd

## In - Room Massage

Enjoy the benefits of massage in the comfort of your hotel room. 50 minutes. Pay additional \$20.00 usd over the massage selected price.

80 minutes. Pay additional \$25.00 usd over the massage selected price.

## Deep Tissue

A deep massage technique designed to release tension and knots especially in neck and shoulders to achieve relief for chronic muscle tension.

50 minutes \$132.00 usd / 80 minutes \$176.00 usd

## Aromatherapy

This relaxing and anti-stress treatment is a perfect combination of massage and natural essential oils to establish harmony among your mind, body and sold.

50 minutes \$121.00 usd / 80 minutes \$165.00 usd

## Reflexology

This ancient technique uses pressure on strategic points of the feet and hands, which correspond to the body's principal organs and glands, this is the perfect massage to relax and revitalize you.

25 minutes \$75.00 usd / 50 minutes \$112.00 usd

## Neck Back and Shoulder

The main areas of the body where we accumulate tension are the neck, back and shoulders. This massage focuses on those areas and diminishes stress and tension while improves blood circulation by using relaxing strokes and shooting movements. 25 minutes \$77.00 usd / 50 minutes \$115.00 usd

## Four Hands Massage

This massage is performed by two therapists moving simultaneously in harmony, in constantly contact with you. Your whole body, mind and spirit will enjoy this experience. 50 minutes \$165.00 usd / 80 minutes \$209.00 usd

#### CACTUS SPA FACIAL TREATMENTS

# Deep Hydrating Facial

(Anti-Free Radicals) Recommended for dry skin. A Facial treatment to combat dry and dehydrated skin. Vitamins A, E and D will help to fight against free radicals that cause premature aging.

50 minutes \$126.00 usd

## Beauty Flash Facial

(Plantomer) Recommended for sensitive skin. This highly effective soothing treatment will calm redness and soothe irritated or sensitive skin.

50 minutes \$140.00 usd

## Caviar Facial

(Myoxy Caviar) recommended for mature skin. The ultimate agedefying facial. Repairs and regenerates the skin and promotes cellular renewal; this treatment offers the benefits of botox in a topical form.

50 minutes \$160.00 usd

## Elasto-Firm Facial

(Elastofirm) Anti-Age If you want to look younger, then this is the ideal treatment. Elastin is the most adequate protein for skin strengthening and rewal.

50 minutes \$158.00 usd

## Rejuvenating Eye Contour

Treats your eye ares. Recommended for puffiness, dark circles and wrinkles, you can add this service to your facial. 25 minutes \$58.00 usd

## Revitalizing Luminous c and "Sea" Facial

This Facial combines the high potency of vitamin C and stimulating frozen-dried seaweed, leaving your skin feeling firm, rejuvenated and soft.

50 minute \$145.00 usd

## Facial For Man

Includes a deep cleansing will help eliminate clogged pores and ingrown hairs. A neck, scalp shoulder massage will follow the mask application for a total relaxation and skin rejuvenation. 50 minute \$153.00 usd

# Aromatherapy Facial

Combines the benefits from natural essences with fruit and flower properties to give your skin a revitalized look. 50 minute \$130.00 usd

#### CACTUS SPA BODY TREATMENTS

## Green Coffee Body Wrap

This wrap combines the detox benefits of caffeine and active gel to target a cellulite. Natural enzymes that assist the body in the breakdown of fat, and increases urinary output to eliminate the spongy appearance of your skin.
50 minutes \$150.00 usd

## Chocolate Body Wrap

Become engulfed in the aroma of chocolate as you treat your body to a calorine-free indulgence rich in cocoa butter and milk proteins that will replenish moisture and rejuvenate your skin. 50 minutes \$130.00 usd

## Tropical Escape

Based on papaya and pineapple. This treatment uses tegopheres, the latest technology containing retinol torepair and rejuvenates your skin.
50 minutes \$165.00 usd

## Mango Paradise

Rejuvenates your skins with mango yogurt and passion fruit, that helps to firm, illuminate and reinvigorate your body. 50 minutes \$165.00 usd

## Aromatic Moor with Essential Oil

Relieving aches and pains from sports activities, this is a good combination os anti-stress and detoxifying treatment and essentials oils.

50 minutes \$155.00 usd

## Tired Legs and Feet Treatment

This Treatment helps blood micro-circulation in the treated area, helping eliminate liquids and toxins. The results are and immediate decongestion of the zone, a pleasant sensation of relief and a better skin aspect.

50 minutes \$115.00 usd

## VICHY SHOWER ROOM

## Pre-Tanning Exfoliation

This treatment is to prepare your skin prior to sun exposure. Using exfoliation with a based of Honey Wax and Seaweed a refreshing effect will change your look to being rested and relaxed.

25 minutes \$83.00 usd

## Vichy de-Stress Hydro Massage

Therapists apply a stronger pressure to tensioned areas, while a light rain falls over the rest of your body. 25 minutes \$55.00 usd

# Vichy Deep Tissue Hydro Massage and Exfoliation

Deep pressure treatments with body exfoliation using a blend of personalized bath salts with essential oils. 50 minutes \$110.00 usd

## After Sun

This Highly soothing and cooling wrap contains a potent compound of white water Lily combined with Green Tea extract. 25 minutes \$80.00 usd

## SALON SERVICES

| Short Hair                  | \$38.00 usd  |
|-----------------------------|--------------|
| Medium Length (Shoulders)   | \$43.00 usd  |
| Long Hair(Past Shoulders)   | \$48.00 usd  |
| Long Hair(Very Curly)       | \$54. 00 usd |
| Shampoo & Style             | \$38.00 usd  |
| Shampoo, hair cut and style | \$60.00 usd  |
| Hair cut                    | \$30.00 usd  |
| Bride up do                 | \$80.00 usd  |
| Up do                       | \$50.00 usd  |
| Full Braids                 | \$60.00 usd  |
| Half Braids                 | \$30.00 usd  |
| Make up                     | \$50.00 usd  |
| Moustache & Beard Trim      | \$18.00 usd  |

# Waxing Services

| Full Leg or Arm    | \$60.00  | usd |
|--------------------|----------|-----|
| Half Leg or Arm    | \$40.00. | usd |
| Bikini Area        | \$30.00  | usd |
| Underarm           | \$30.00  | usd |
| Chin, lip, eyebrow | \$20.00  | usd |
| Back               | \$40.00  | usd |
| Face               | \$30.00  | usd |

#### Hand Treatments

| Spa Manicure         | \$60.00 usd             |  |  |
|----------------------|-------------------------|--|--|
| Classic Manicure     | \$43.00 usd             |  |  |
| French Manicure      | \$48.00 usd             |  |  |
| Polish Change        | \$15.00 usd             |  |  |
| French Polish Change | \$20.00 usd             |  |  |
| Acrylics Nail Set    | \$75.00 usd             |  |  |
| Acrylics Nails Fill  | \$50.00 usd             |  |  |
| Acrylic Nail Repair  | (each nail) \$12.00 usd |  |  |
| Gel Nails Set        | \$75.00 usd             |  |  |
| Paraffin Manicure    |                         |  |  |

\$45.00 usd

## Foot Treatments

| Spa Pedicure                | \$68.00 | usd |
|-----------------------------|---------|-----|
| Classic Pedicure            | \$48.00 | usd |
| French Pedicure             | \$50.00 | usd |
| Polish change hands or feet | \$15.00 | usd |
| Paraffin Pedicure           | \$55.00 | usd |

# Internet Spa Items

## 1.-Full Body Combination

Indulge in this relaxing treatment that consists of a  $25~\mathrm{min}$  Reflexology session plus a Delicious Chocolate Or Mango Paradise Body wrap and Spa manicure & Spa Pedicure.

Fee: \$245 USD plus Tax

## 2.-For the Lucky Groom

Enjoy de 4 Hands Massage o Hot Stone 80 Min plus exclusive Facial for Men

Fee: \$279 USD plus Tax

## 3.-Women don't get it-Only For men

80 Min Swedish massage, Deep Tissue or Muscle Easing Sport Massage which is followed by a Soothing facial and classic Pedicure.

Fee: \$ 250 UDS plus Tax

# 4.-Me and Mom Package

Neck, Back & Shoulders for Both. Classic Manicure & Classic Pedicure for Mom and a Kids Manicure & Pedicure for Daughter, or children under 13.

Fee: \$230 USD Plax Tax.

## 5.-Here Comes the Bride

Mango Paradise or Chocolate Wrap plus a Revitalizing Luminous  $^{\text{\tiny "C"}}$  Facial or Beauty Flash Mask and Spa manicure and Spa pedicure.

Fee: \$355 USD plus Tax

## 6.-Fragance Ritual

Aromatic Moor whit essential oil massage, cleansing Aromatherapy Facial and closes with the nutrition light or revitalizing brightness Ritual hair treatment.

Fee: \$239 USD plus Tax.

## 7.-Ultimate Freshness

Choose the Tropical Fruit renewal or Mango Paradise wrap and the revitalizing Luminous "C" and "Sea" facial, or the beauty flash soothing mask.

Fee: \$232 UDS plus Tax.

## 8.-The Story Begins

Includes 80 min Hot stone or Aroma massage plus an exclusive facial for men and beauty flash mask to calm red and irritated skin.

Fee: \$543 USD plus Tax

## 9.-Newlyweds

80 minutes massage couples. Also receive a \$40 Cactus Spa gift certificated as well as a glass or red or white wine or sparkling wine.

Fee: \$ 265 UDS plus Tax

## 10.-Special Care

Choose a 50 minutes (Deep Tissue Hydro Massage) or (tired legs and feet treatment) add a reviving facial (Elasto Firm facial or caviar facial) and finishing whit Paraffin Manicure & Pedicure). Fee: \$260 UDS plus Tax.

# All prices are in US Dollars. Taxes and gratuities are not included.

Prices are subject to changes without previous notice. We accept credit cards and room charge. Cash is not accepted.

GYM is open from  $7.00~\rm{am}$  to  $9.00~\rm{pm}$  Spa appointments can be scheduled from  $9.00~\rm{am}$  to  $8.00~\rm{pm}$  Salon appointments can be scheduled from  $9.00~\rm{am}$  to  $6.00~\rm{pm}$ 

Beauty products can be purchased at the Spa.

For reservations, please call (52) (624) 1458000 extensions 4080 or email requests at:

spahacienda@sheraton.com

## INDIVIDUAL RESERVATIONS

## Cancellation Policies

Cancellations must be done the day before to the scheduled appointment to avoid charges. Cancellations done the same day of the appointment will be charged 50% plus taxes.

#### No-show Policies

Individuals who fail to arrive on the confirmed appointment time will be charged 100% plus taxes.

## Modification Policies

We recommend rescheduling appointments 4 hours prior to the original reservation for a better service. Within 4 hours and the appointment time, modifications will not be possible and cancellation or no show policies will apply. Rescheduling is subject to availability.

#### Starwood Preferred Guest

Gold and Platinum SPG members have a 20% discount on Massage, Facial and Body Treatments.

Free Gym access. Please register at the Spa Reception. Membership must be stated on your reservation.

#### Time share Owner

Have a 20% discount on Massage, Facial and Body Treatments. Free Gym access and Spa facilities . Please register at the Spa Reception.

#### Recommendations

Please arrive 15 minutes prior to your scheduled appointment to relax and enjoy our steam room, sauna and Jacuzzi.

Please be aware that only the time allotted for your treatment will be available so as not to inconvenience and delay the next client. No refund or reduction will be given to clients who fail to arrive or begin their appointments on time.

Please lower your voice when entering the Spa. We offer Kids services. Please request additional information. Children under 16 are not allowed to enter the spa areas unless they have a service.