



**Camino de la Barranca, El Pedregal
Cabo San Lucas, Baja California Sur
México**

143-4432

theclub@pedregal.com



Monday to Friday
Saturday

7am to 9pm
9am to 6pm

Club house membership

This membership includes the use of the gym, lap pool, showers, steam room, lockers, relaxing area and a 10% discount on spa services.

\$75 per month | \$30 per week | \$10 per day

Gym membership

This membership only includes the use of the gym equipment.

\$60 per month | \$30 per week | \$10 per day

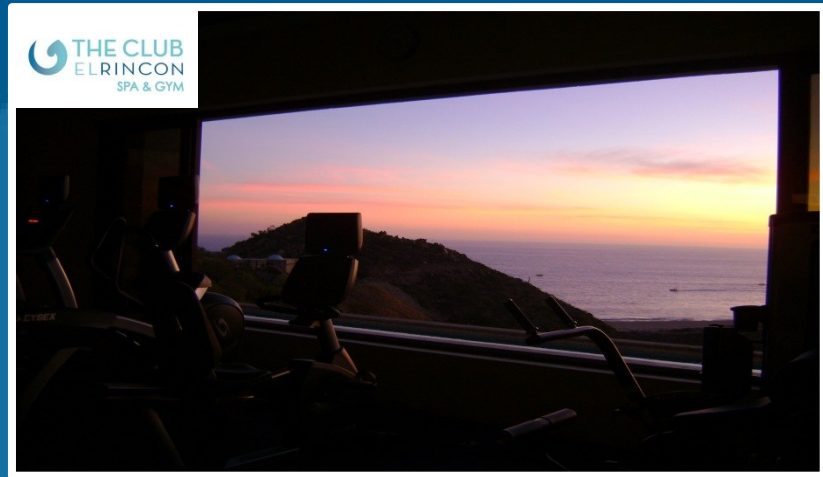
Phone # 143-4432
theclub@pedregal.com

- °We require a 12 hour notice for cancellations.
- °Visa and Mastercard are welcome.
- °All prices are in US dollars.
- °All prices include tax (IVA).
- °A 15% gratuity is suggested for the therapist.

Phone # 143-4432

30min massage	\$45
45min massage	\$60
60min massage	\$85
90min massage	\$115
60min stone massage	\$95
90min stone massage	\$125
30min reflexology	\$50
45min scalp & feet reflex	\$60
60min pregnancy massage	\$95
Cleansing facial	\$90
Gentleman facial	\$90
Anti aging facial	\$120
Lip & eye contour treatment	\$30

Rice delight body treatment	\$80
White energy body wrap	\$80
Wine body mask	\$80
Chocolate hydrotherapy	\$50
Land of milk 'n honey hydrotherapy	\$50
Spa manicure	\$30
Spa pedicure	\$40
Land of milk 'n honey manicure	\$40
Land of milk 'n honey pedicure	\$50
Gentleman manicure & pedicure	\$65
Kids manicure & pedicure	\$50
Woman's hair cut	\$30
Men's hair cut	\$20
Child hair cut	\$10
Hair style (up do /down do)	\$45
Blow dry	\$30



Full Gym & Lap Pool

Monthly, Weekly &
Daily Rates



Hydrotherapy & Body Treatments



Massages & Facials



Spa & Salon Services

Manicures & Pedicures



Hair Styles & Hair Cuts





Indoors and outdoors relaxing areas



Read like this if you want to leave Pedregal



The Club is located on the street CAMINO DE LA BARRANCA.

You get here by driving on the street CAMINO DEL PATRON.

We are a little yellow building in the area called EL RINCON DEL PEDREGAL.



Read like this if you want to get to the Club

Spa a la Casa

Let us pamper you in the comfort of your home

Monday to Friday
Saturday

9am to 6pm
10am to 5pm

°There is a two treatment minimum for home spa services.

°A fee **per villa** will be applied for going on location:

\$10usd Pedregal area

\$20usd Cabo-San Jose areas

\$30usd Puerto Los Cabos area

°Please advise us if you are pregnant or have other significant health concerns when booking any treatments.

°We require a 24 hour notice for cancellations.

°Visa and Mastercard are welcome.

°All prices are in US dollars.

°All prices include tax (IVA).

°A 15% gratuity is suggested for the therapist.

°Experienced and well-trained technicians.

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Spa a la Casa

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Full body massage **45, 60 or 90 minutes**

The massage of your preference: relaxing massage, medium pressure, deep tissue, sports, aromatherapy or lymphatic.

Back, neck & shoulder massage **30 or 45 minutes**

Most of the tension and stress accumulates in these areas of the body. Selecting the pressure of your preference you will feel relieved and relaxed.

Feet reflexology **30 minutes**

Is the practice of applying pressure to the feet based on a system of zones and reflex areas that reflect an image of the body on the feet with a premise that such work effects a physical change in the body.

Scalp massage & feet reflexology **45 minutes**

The scalp massage is designed to relax the mind and encourage circulation. Feet reflexology works as the pressure techniques applied to the feet interact as a part of the body's nervous system creating: relaxation, improved circulation and exercise of the nervous system.

Spa a la Casa

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Pregnancy massage **60 minutes**

A massage during your pregnancy is a wonderful way to ease aching back, sore hips, stiff shoulders or even swollen legs and arms. Not recommended during the first trimester.

Stone massage **60 or 90 minutes**

Heated smooth stones are applied on key parts of your body, these will be used to massage you as well as the hands of your therapist for total relaxation.

The warmth of the hot stones improves circulation and calms the nervous system.

Cleansing facial **55 minutes**

Our facial is designed for deep cleansing, relaxation and pampering. It will clean and nourish the skin to promote clear and well-hydrated skin.

Gentleman facial **55 minutes**

This relaxing facial helps soothe razor-burned skin, provides deep pore cleansing and toning leaving your skin looking refreshed and revitalized.

Anti-aging facial **80 minutes**

This facial treatment has gathered the richness of the minerals and the energy of the volcano stones, incredibly beneficial for the skin.

Spa a la Casa

Let us pamper you in the comfort of your home

Wine body scrub & mask

60min

Prepare your skin for the perfect tan with this delicious grape seed based treatment. The scrub will gently remove all the dead cells of your skin, the mask will deeply hydrate and the regenerating cream will purify and regenerate the body skin.

White energy body treatment

60min

An exclusive yogurt treatment for your body and feet. A unique experience that includes full body exfoliation and a massage to tone and reaffirm the body skin.

Rice delight body wrap

50min

Rice derivatives will work into your skin to give you elasticity and softness. The massage technique applied will help prevent fat excess. Treatment recommended once or twice a week for better results.

Hydrotherapy

30 minutes

Submerge yourself in a relaxing bath of milk or chocolate that will hydrate and nourish your skin while the water and jets will help relieve pain in any part of your body. Finish this relaxation with a vanilla lotion application that will seal the hydration on your skin.

Spa a la Casa

Let us pamper you in the comfort of your home

Spa manicure 35 minutes

All the greats of the classic with the added benefits of the exfoliating scrub, extended massage and careful detailing of your nails.

Spa pedicure 55 minutes

All the greats of the classic with the added benefits of the exfoliating scrub, feet filing, extended massage and careful detailing of your nails.

Land of milk & honey manciure

35 minutes

This deluxe manicure will hydrate your hands while being pampered to look their best.

Land of milk & honey pedicure

55 minutes

This deluxe pedicure will hydrate your feet while being pampered to look their best.

Gentleman manicure & pedicure

80 minutes

A basic cleanup for the gentleman in need. This session includes nail shaping, cuticle work, hand scrub and massage, feet scrub, filing and massage. Hands and feet grooming while you relax.